

Loma Linda
Ultimate Chili Pouch

Nutrition Facts

1 servings per container

Serving size 1 Cup (285g)

Amount Per Serving

Calories **280**

% Daily Value*

Total Fat 2g **3%**

Saturated Fat 1g **5%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 980mg **43%**

Total Carbohydrate 49g **18%**

Dietary Fiber 15g **54%**

Total Sugars 4g

Includes 1g Added Sugars **2%**

Protein 15g **30%**

Vitamin D 0mcg **0%**

Calcium 100mg **8%**

Iron 3.6mg **20%**

Potassium 900mg **20%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.